

10

.....



Ready to Use

# ai Prompt templates

---

## The AI Series



[www.digitalflip.org](http://www.digitalflip.org)

DIGITAL FLIP • EXCLUSIVE

# 10 Ready to Use COPY-AND-PASTE PROMPT TEMPLATES

9 professional-grade prompt templates across 4 sections — ready to paste into ChatGPT. Replace the brackets. Get the output. Ship the work.

A Digital Flip EXCLUSIVE resource  
[digitalflip.org](https://digitalflip.org)

# The Vehicle, Not the Map

If the rest of this ebook was the map, this chapter is the vehicle. These templates are ready to use — complete with structural elements, constraints, and formatting instructions that transform a basic request into a professional-grade output.

Every template uses the bracket system. Replace the words inside [square brackets] with your specific information. The more specific your replacements, the better the result.

QUALITY	POOR REPLACEMENT	STRONG REPLACEMENT
[Audience]	"people"	"recently divorced women aged 35–50 returning to the workforce after a career gap"
[Industry]	"business"	"B2B SaaS companies targeting HR teams at mid-market firms"
[Problem]	"not making enough money"	"spending 3+ hours per week writing content that generates no leads"

## The Core Rule

The specificity you put in is directly proportional to the quality you get out. These templates are engineered to work well even with basic replacements — but they produce exceptional results when you invest real detail into every variable.

NO.	TEMPLATE	SECTION	PAGE
T01	The Multi-Platform Caption Master	Content Engine	Page 03
T02	The 60-Second Video Script	Content Engine	Page 03
T03	The SEO Blog Post Framework	Content Engine	Page 04
T04	The Pain-Agitate-Solve Sales Email	Business Builder	Page 04
T05	The High-Converting Product Description	Business Builder	Page 05
T06	The Expert Resume Rewriter	Freelance Toolkit	Page 05
T07	The Client-Winning Freelance Proposal	Freelance Toolkit	Page 06
T08	The 30-Day Content Calendar	Advanced Systems	Page 06
T09	The Digital Product Architect	Advanced Systems	Page 07

**SECTION 1 CONTENT ENGINE**

*Social media, blogs, and video scripts. Use these to produce professional content in minutes.*

**T01****The Multi-Platform Caption Master**

"Act as a world-class social media strategist with deep experience in [Industry, e.g., wellness, finance, education]. Write 5 platform-optimized captions for [Platform, e.g., Instagram] promoting [Topic or Offer] to [Specific Audience]. Each caption must: (1) open with a hook that creates immediate curiosity or emotion, (2) provide one specific, actionable value point in the middle, and (3) close with a clear call-to-action directing the reader to [Goal, e.g., click the link in bio]. Tone: [Tone, e.g., confident and inspiring / casual and funny]. Do not use the words 'journey,' 'thrilled,' or 'dive into.'"

**T02****The 60-Second Video Script**

"Create a high-energy, structured video script for [Platform, e.g., TikTok / Instagram Reels] about [Topic]. Audience: [Specific Audience]. Structure: 0-3 sec: Hook – one bold statement addressing [Target Pain Point]. 3-15 sec: Why this matters – one sentence on the consequence of ignoring this. 15-45 sec: Solution – three numbered steps, one short sentence each. 45-60 sec: CTA – direct the viewer to [Desired Action]. All sentences under 12 words. Active voice only. No corporate language."

**T03****The SEO Blog Post Framework**

"Act as a senior content strategist and SEO specialist. Create a complete blog post framework for '[Target Keyword]' targeting [Audience]. Include: (1) A primary title and two alternative options. (2) A 60-word introduction establishing the reader's problem and previewing the solution. (3) Four to six H2 section headers with a two-sentence summary of what each covers. (4) Three semantically related keywords to include naturally. (5) A meta description under 155 characters that includes the primary keyword and a clear benefit statement."

**SECTION 2 BUSINESS BUILDER**

*Marketing and sales copy that converts. These are the templates clients pay \$100–\$500 for.*

**T04****The Pain-Agitate-Solve Sales Email**

"Act as a direct response copywriter in [Industry]. Write a persuasive sales email promoting [Product/Service] to [Target Audience]. Structure: (1) Subject line: under 50 characters, creates curiosity without being misleading. (2) Pain: two sentences describing the specific daily frustration of [Problem]. (3) Agitate: one sentence on the compounding cost of leaving this unsolved. (4) Solve: three sentences introducing [Product] as the specific bridge to the solution, including one concrete result. (5) CTA: one direct sentence. (6) P.S.: one sentence creating a soft deadline. Avoid 'amazing,' 'game-changer,' and 'revolutionary.'"

**T05****The High-Converting Product Description**

"Write a compelling product description for [Product Name] targeting [Buyer Persona, e.g., 'a freelance designer who manages 10+ clients and struggles with scope creep']. Do not list features. Translate each feature into a specific, emotionally resonant benefit. Structure: (1) Opening hook – one bold benefit statement speaking to the buyer's primary desire. (2) Body – three to four benefit statements, each beginning with 'You will...' or 'No more...'. (3) Social proof signal – one sentence implying results others have experienced. (4) Closing – a confidence-building guarantee or risk-reduction statement. Tone: [Tone]. Length: 150-200 words."

**SECTION 3 FREELANCE TOOLKIT**

*Win more clients, write stronger proposals, and position yourself as the premium choice.*

**T06****The Expert Resume Rewriter**

"Act as a senior career coach specialising in executive résumé writing. I will provide a résumé for a [Job Title] seeking positions in [Industry]. Rewrite the Experience section for the most recent three roles: (1) Every bullet must follow the CAR format: Context, Action, Result. (2) All results must include specific metrics – percentages, dollar figures, team sizes, or time savings. (3) Replace all passive language with strong action verbs: spearheaded, engineered, grew, reduced, transformed, launched, negotiated, secured. (4) Incorporate these ATS keywords naturally: [paste 5-8 keywords from the target job description]. Maximum 6 bullets per role."

**T07****The Client-Winning Freelance Proposal**

"Write a 175-word freelance proposal responding to a job posting for [Project Type] posted by [Type of Client, e.g., 'an e-commerce brand selling sustainable home goods']. Structure: (1) Opening: one sentence showing you have read their specific situation – not a generic greeting. (2) Credibility: one sentence establishing relevant experience or a specific result in a similar context. (3) Approach: two sentences explaining exactly how you would tackle this project, including one specific technique or tool. (4) Quick win: one valuable deliverable you can provide within the first 24 hours. (5) Close: one open question that invites conversation rather than demanding a decision. Do not use 'I am the perfect fit' or 'I am very interested in this opportunity.'"

**SECTION 4 ADVANCED SYSTEMS**

*High-value templates that produce full content strategies and digital product architectures.*

**T08****The 30-Day Content Calendar**

"Act as a content strategist for a [Niche] brand targeting [Specific Audience]. Create a complete 30-day content calendar. Day structure: Monday – Educational (how-to). Wednesday – Personal or behind-the-scenes (trust-building). Friday – Promotional (direct product or service mention). Sunday – Motivational or reflective (community). For all 30 days provide: (1) the content format, (2) a working headline or hook, and (3) a two-sentence content brief. Maintain consistent messaging around this core value proposition: [Your value proposition in one sentence]."

**T09****The Digital Product Architect**

"Act as an expert author and digital product designer in the [Niche] space. Create a detailed outline for a beginner's guide titled '[Proposed Title]'. Include: (1) A one-paragraph overview of who this guide is for and what problem it solves. (2) A 6-chapter outline where each chapter title is benefit-focused and contains three specific learning objectives. (3) One 'Quick Win' action step per chapter completable within 15 minutes. (4) A suggested Bonus Resource that adds perceived value (checklist, worksheet, or prompt library). After I approve the outline, write Chapter 1 in a [Tone] voice at a [Reading Level] reading level."

**THE MASTER REFINEMENT PROMPT**

*When any AI output is good but not great, use this follow-up to push it to a professional standard:*

"That draft is a solid starting point. Now: (1) Remove any phrases that sound like generic AI output – specifically: 'in today's fast-paced world,' 'it is important to note,' 'delve into,' 'multifaceted,' and similar filler. (2) Make the opening sentence more specific and emotionally immediate. (3) Add one concrete, real-world example to make the most abstract point tangible. (4) Tighten the entire response by removing any sentence that does not directly advance understanding or compel a specific action. Return the revised version only."



# Your Action Step

Don't just read these templates. Use one today. Here's the fastest proof of value:

<b>01</b>	<b>Open Template T08 (30-Day Content Calendar)</b> Fill in the brackets for a niche you're interested in. Use specific, detailed replacements — not generic ones.
<b>02</b>	<b>Paste it into ChatGPT</b> Hit send. Read the result. You just created a month of strategic content in under two minutes.
<b>03</b>	<b>Run the Master Refinement Prompt</b> Paste the refinement prompt immediately after. Watch the output jump from good to professional-grade.
<b>04</b>	<b>Recognise what just happened</b> That output is a deliverable clients pay \$100–\$200 for. You produced it in under 5 minutes. That is the business model.

## You have the templates. Now use them.

Get the AI Prompts to Daily Income ebook — the complete system for turning AI-generated content and products into consistent affiliate commissions.

[digitalflip.org](https://digitalflip.org)